**DEFINING HIGH-RISK CONTACTS (HRC) – EXPLANATONS**

If you were confirmed to have a COVID-19 disease, or you suspect you have it, please prepare a list of contacts for the last two days before:

1. Appearance of symptoms of the COVID-19 disease or
2. PCR test that resulted positive or
3. RAT that resulted positive (if PCR test will not confirm the disease, all further measures will be cancelled after the result).

If either of the above happened, please isolate immediately, prepare a list of contacts for the last two days and follow you doctor’s guidelines.

When you are preparing a list of contacts, please define, whether it was a high-risk contact or not. High-risk contacts are:

1. Face-to-face contacts at a distance smaller than 2 metres for more than 15 minutes,
2. Other physical contacts and contacts with secretions (shaking hands, hugging, using common objects),
3. Staying in the same closed room for more than 15 minutes (office, meeting room, lecture room),
4. Socializing (eating, drinking at the same table),
5. Travelling with the same ride at a distance smaller than 2 metres.

Close contact are all other contacts, that are not high-risk contacts.

For all contacts report also when it happened (date is enough). All high-risk contacts will be asked to home quarantine. Last day of the contact is the first day of the quarantine. Home quarantine lasts 10 days. People who are vaccinated or have recovered from COVID-19 do not need to quarantine.

Example:

|  |  |
| --- | --- |
|  | Mojca works in an office with Anže. Anže is vcaccinated. |
| 3. 9. | Mojca has lunch with Alenko. |
| 4. 9. | Mojca drinks coffee with Nataša and Rok. Nataša recovered from COVID-19 three months ago. |
| 5. 9. | Mojca drives to work with Tanja and Marjan. Tanja is vaccinated. |
| 5. 9. | Mojca test positive on RAT, notifies her doctor and prepares a list of contacts. |
| 6. 9. | Mojca tests positive on PCR. |
| 6. 9. | Authorised person checks the contacts and notifies students and staff. Quarantine is recommended for Alenka (3. 9. – 12. 9.), Rok (4. 9. – 13. 9.) and Marjan (5. 9. – 14. 9.). |

**DEFINING HIGH-RISK CONTACTS (HRC) - LIST**

|  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- |
| NAME AND SURNAME | DATE OF CONTACT | RELASTIONSHIP  (e.g. fellow students, co-worker, visitor, etc.) | REASON FOR CONTACT  (e.g. lecture, meeting, sharing room, etc.) | TYPER OF CONTACT | | CONTACT  (filled in by an authorized person) | E-MAIL  (filled in by an authorized person) | VACCINATED / RECOVERED  (filled in by an authorized person) |
| CLOSE | HIGH-RISK |
|  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |